

Things to Collect for Junk Journaling

Paper & Base Materials

- Old book pages
- Magazines and catalogues
- Newspapers
- Envelopes (used or unused)
- Junk mail
- Paper bags (plain or patterned)
- Scrapbook paper or offcuts
- Notepaper and lined paper
- Maps, sheet music, or old documents

Ephemera (the fun bits!)

- Tickets (movies, events, transport)
- Postcards and greeting cards
- Tags (from clothing or gifts)
- Labels and packaging pieces
- Stamps (used or decorative)
- Stickers
- Receipts
- Business cards

Fabric & Textures

- Fabric scraps
- Lace and doilies
- Ribbon and trims
- Buttons
- Thread, string, or twine

Decorative Elements

- Washi tape
- Stamps and ink pads
- Stencils
- Die cuts
- Printed quotes or images
- Dried flowers or leaves

Things for Interactive Pages

- Small envelopes
- Index cards
- File folders (great for pages or pockets)
- Tags and journaling cards
- Paper clips or bulldog clips

- Safety pins

Basic Tools & Supplies

- Glue stick or liquid glue
- Double-sided tape
- Scissors
- Craft knife (optional)
- Hole punch
- Needle and thread (for simple binding)
- Stapler

Optional Extras

- Coffee or tea for staining paper
- Ink sprays or paints
- Wax seals
- Charms or small trinkets